

MECHANISTIC EXPLORATION OF MECHANISMS UNDERLYING AUTONOMIC-INDUCED ATRIAL REMODELING: A NEW STEP IN THE MOLECULAR CHANGES RELATED WITH ARRHYTHMOGENIC VULNERABILITY?

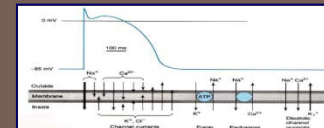
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There is evidence suggesting an increase prevalence of atrial arrhythmias, particularly atrial fibrillation, in trained athletes. This appears to be strongly related with a combination of factors, including an important contribution of autonomic nervous system (ANS) changes. However, the basic mechanisms underlying autonomic-induced atrial arrhythmogenic remodeling still speculative.

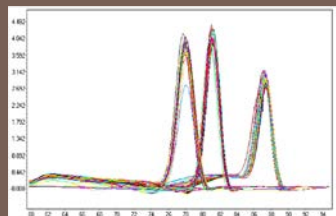
Aim: to investigate the impact of increased ANS activity on atrial-remodeling by analyzing the effects of sympathetic (S) and parasympathetic (PS) stimulation (stim) on mRNA expression of major ion channels, connexins and adenosine receptors in the rat atria.

Methods:

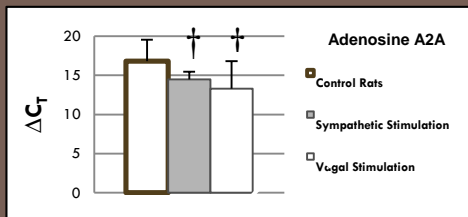
- **4 groups** of anesthetized,artificially ventilated Wistar rats (aged 12 weeks, n=80) »» 2 hours of continuous thoracic trunk S and right cervical PS stim
- after ANS stim, animals were sacrificed and separate samples of the left (LA) and right (RA) atria collected for mRNA Real Time PCR quantification for each condition
 - gene expression levels for K⁺ (*KCND2*, *KCND3*, *KCNA5*, *KCNJ3*, *KCNJ6*), Na⁺ (*SCN5A*), Ca²⁺ (*CACNA1*), Cl⁻ (*CFTR*), connexins (*Cx40*, *Cx43*) and adenosine (A1, A2A) receptors
- a sham group (n=40) was used as control - matching number, age and sex -
- receptors mRNA quantification used the housekeeping gene 18SrRNA as internal control.



Results:

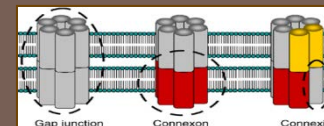


Melting peaks from the RT-PCR for both the target genes and the internal control 18S rRNA.



Compared with controls:

- S stim increased *KCND2* and *A2A* expression in both atria and *SCN5A* expression in the LA.
- PS stim produced an increase of *A2A* expression in both atria and a decrease in LA *KCNA5* and *Cx43*.
- *Cx40*, *KCNJ6*, *CFTR* and *A1* mRNA levels did not change significantly.
- LA showed larger ion channel and connexin expression changes.



Conclusion:

ANS stim induces premature heterogeneous changes in connexin, ion channel and A2A receptors expression in rat atria, suggesting that interaction in S and PS activity may play a role in atrial arrhythmogenic remodeling.